

About the Author

Julie Gdowski is a registered nurse and earned her Bachelor of Science in Nursing from Indiana University. With more than 30 years of experience as a compassionate nurse, certified nurse aide instructor, and licensed nursing home administrator, Julie has held key clinical leadership positions with several provider organizations including Facility Administrator, Medicare Coordinator, and Director of Nursing.

Julie thrives in helping others, especially in caring for our elderly, and values the importance of education as an empowerment tool for everyone to learn and grow. She leads by example and her philosophy of betterment guides her management style and interactions with those she encounters.

Currently, Julie serves on the executive leadership team and is the Director of Clinical Operations for Academic Platforms, an innovative healthcare technology company, which is the parent company of CNAonline. Using **How to Be a Nurse Assistant** curriculum through an exclusive partnership with the American Health Care Association (AHCA), CNAonline develops nurse assistant training courses that are delivered through a hybrid online learning model that combines web-based instruction and hands-on experience in facilities.

Julie consistently researches, develops, and embraces best practices that can be incorporated into curriculum development. She also leads efforts with state regulators to certify state nurse aide educational programs. Her experience and expertise led AHCA to select Julie as the author and subject matter expert to update the 8th edition of **How to Be a Nurse Assistant**.

